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**FISCAL YEAR 2003
CHILD AND ADULT CARE FOOD PROGRAM
FAMILY DAY CARE HOME SPONSOR MEMO #10**

TO: Family Day Care Home Sponsors

FROM: Marla J. Moss
Child and Adult Care Food Program

DATE: May 7, 2003

SUBJECT: Making Nutrition Count/ Menu Magic

Soon you will be receiving a quantity of two different booklets for child care homes developed by the United States Department of Agriculture (USDA) Food and Nutrition Services.

Making Nutrition Count for Children is a booklet of basic information containing nutrition guidance for child care homes. Topics include how children grow and develop, the nutrients they need for healthy growth and development, how to help children learn about food and eating and information on the Food Guide Pyramid and the Dietary Guidelines for Americans. The booklet also contains a set of activities for children, including a tear-out matching game with a storage pocket in the back of the booklet.

Menu Magic for Children provides information on the Child and Adult Care Food Program (CACFP) Meal Pattern requirements, serving quality meals and snacks, and tips on menu planning and grocery shopping. It also contains a set of eight tear-out recipe cards with a storage pocket in the back of the booklet.

Your shipment should arrive in the next two weeks. Please distribute each booklet to the child care homes that you service.

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